

Sanger USD Child Nutrition

Wellness Policy Triennial Assessment Report 2019-2020



Table of Content

I.	Introduction.....	3
II.	Wellness Policy Revision Schedule.....	4
III.	Revision Action Steps.....	5
IV.	Policy Assessment: WellSAT.....	7-8
V.	SY 2017-2018 Action Plan.....	9-11
VI.	SY 2018-2019 Action Plan.....	12-15
VII.	SY 2019-2020 Action Plan.....	16-20
VIII.	Monitoring and Evaluation	21-29
VII.	Next Steps	30

Introduction

A local school wellness policy (“wellness policy”) is a written document that guides local educational agency or school district’s efforts to establish a school environment that promotes students’ health, well-being, and ability to learn.

The Sanger Unified School District Wellness Policy not only benefits school staff through better learners, but it is also a Federal requirement and must include specific components. The final regulation on local school wellness policies was released in 2017. More information on the final wellness policy rule is available at <https://www.cde.ca.gov/ls/nu/sn/mbsnp132017.asp>. As part of the requirements, the district needs to inform the public about the wellness policy and any updates that are made. Additionally, the final rule requires a completion of this triennial assessment. This triennial assessment will help understand the progress Sanger Unified School District has made toward fulfilling specific Child Nutrition Wellness goals. Some of the wellness policy topic compliance areas include specific goals for nutrition promotion, education, physical activity, standards and nutrition guidelines for all foods and/or beverages sold and given to students (during the school day), policies for food and beverage marketing, and establishment of wellness policy leadership.

Sanger Unified School District’s wellness policy provides a guide to making healthy choices at our schools. A copy of this triennial assessment and Sanger Unified School Districts Board Policy 5030 Wellness Policy is located at www.sangerunifiedchildnutrition.org.



Wellness Policy Revision Schedule

WELLNESS POLICY EVOLVEMENT

The Child Nutrition and Women, Infants, and Children Reauthorization Act of 2004 mandated that all school districts participating in the National School Lunch Program (NSLP) and the School Breakfast Program (SBP) to establish a Local School Wellness Policy (LSWP) by School Year (SY) 2006-07. In 2010 the Healthy Hunger Kids Free Act expanded the scope of the LSWP and requires additional stakeholder involvement in the development, implementation, and review of LSWP, such as the requirement of periodic assessment and public updates. In 2014, the proposed rule of LSWP further expanded to include requirements for specific and measurable goals for nutrition promotion, education, and nutrition guidelines and standards for all foods and beverages available to student on campus (during the school day). During this time, the proposed rule also established leadership requirements to ensure that each school complied with LSWP requirements. Beginning SY 2016-2017, the California Department of Education (CDE) provided action steps for school districts to commence final implementation stages and set June 30, 2017 as a deadline for establishment of a wellness policy content. Lastly in SY 2017-2018, USDA provided additional details and requirements as to what must be included in a LSWP.

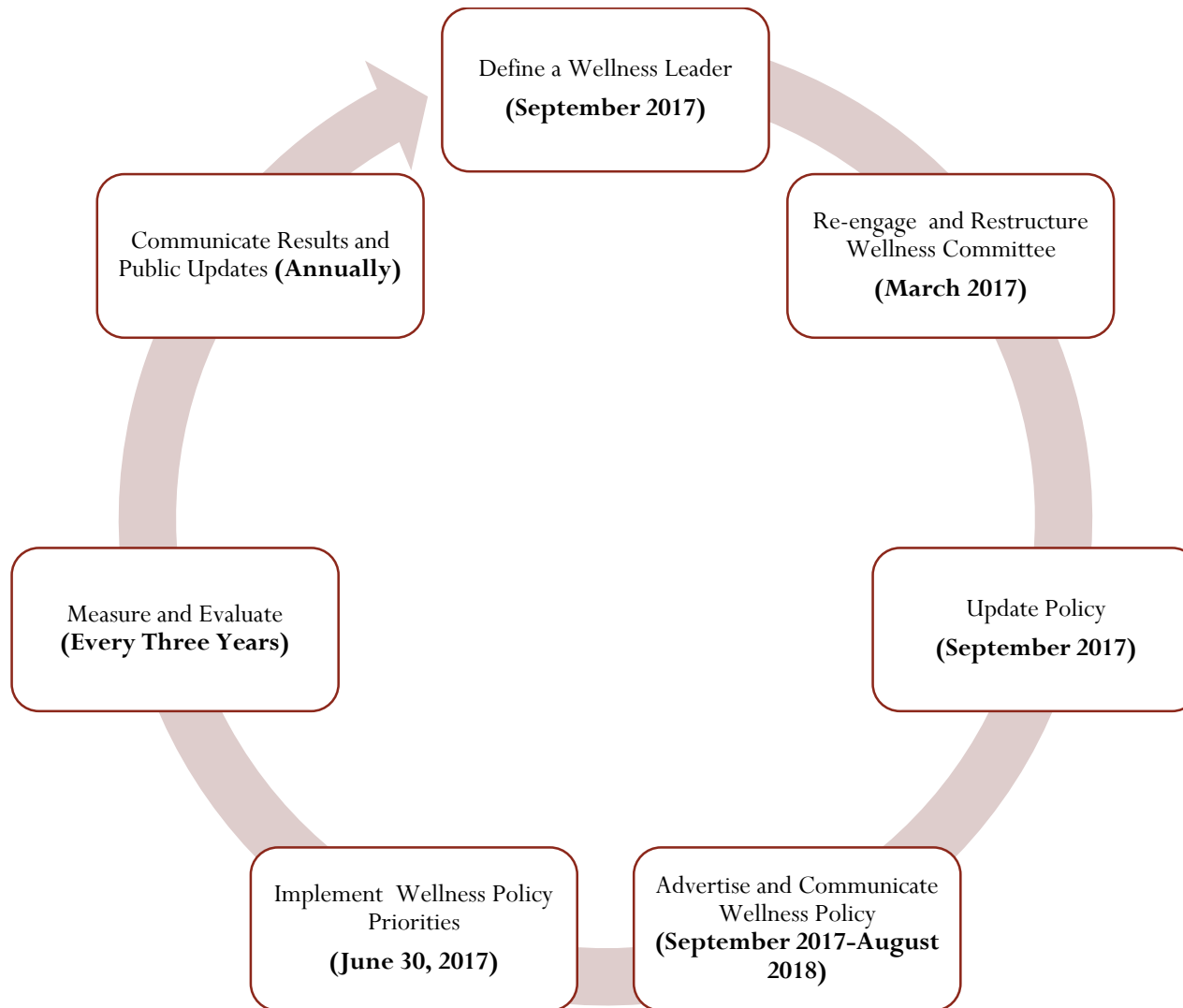
REVISION SCHEDULE

Sanger Unified School District Child Nutrition Department ensured that the districts wellness policy complied with the above policy updates as set forth by the U.S. Department of Agriculture (USDA) Food and Nutrition Service (FNS) and California Department of Education (CDE). Please note the following Sanger Unified School District's wellness policy revision schedule:

- **Adopted in 4-24-07**
- **Revisions:**
 - **09-27-11;**
 - **05-27-14;**
 - **11-10-15;**
 - **09-26-17 –Recent updates reflect the final requirements that are included in regulations finalized by the U.S. Department of Agriculture (USDA) Food and Nutrition Service in 2016.**

Revision Action Steps

The following action steps were set forth to ensure compliance with the LSWP policy expanded requirements during SY 2017-2018:



1. Identify local wellness policy leadership	Associate Superintendent, COO	-Identify the Wellness Leader/Coordinator	Completed September 2017
2. Promote Leader	All	Associate Superintendent, COO: 1. Sanger Unified Website 2. School Newsletter 3. Email Communications	September 2017
3. Identify districts wellness committee and re-engage	Child Nutrition	Committee Composed Off : Head Nurse, Athletic Directors all sites, PE Coordinator, Area Administrators, Nutrition and Health Classroom Curriculum Leads, school site principal designee.	June 30, 2017
5. Update Policy Content to Meet requirements	Wellness Committee	-Present for board approval by 5/30/2017.	June 30, 2017-September 2017
4. Inform the public and school about the Wellness Policy Content and updates.	Child Nutrition, Wellness Committee	-Continue to promote on websites, flyers, newsletter etc..	-October 2017-August 2018. -Monthly Memos to Principals for implementation with resources.
5. Local Wellness Policy evidence based assessment tool.	Child Nutrition	-WellsAT: 2.0 (assessment tool). -For revision of policy and the development of Implementation Action Plans	July 30, 2018

Assessment of Wellness Policy

SCORECARD REVIEW

The WellSAT is a quantitative assessment tool to help evaluate the local School Wellness Policy. Since 2010, this measure has been used by thousands of people across the country, representing school districts from every state. All WellSAT items reflect the federal law or best practices. The purpose of scoring your district policy is to identify where it is strong and where it could be improved.

The Child Nutrition Department completed the WellSAT survey in June 2018 to assess the strength of the policy. School wellness policies are evaluated based on the degree to which they address 67 policy items. These items are categorized into six sections in the WellSAT. Each policy item is rated "0," "1," or "2," using the definitions below. The WellSAT lists each policy item, followed by an explanation of the item and examples of text from real policies that would be rated "1" and "2". The WellSAT will give you two scores: a comprehensiveness score, which reflects the extent to which recommended content areas are covered in the policy; and a strength score, which describes how strongly the content is stated. Both scores range from 0-100, with lower scores indicating less content and weaker language, and higher scores indicating more content and use of specific and directive language. Upon completion of in July of 2018, Sanger Unified School District received a personalized "scorecard" containing details of how well the district policy scored on each section of the survey. After receiving the scorecard, strengths were acknowledged as all minimum required policies were included in the established policy. Next, implementation action plans for developed to work on areas that scored lower. The following are the scores received in each of the category:

1. Nutrition Education-

Subtotal for Section 1	Comprehensiveness Score:	100
	Strength Score:	57

2. Standards for USDA Child Nutrition Programs and School Meals-

Subtotal for Section 2	Comprehensiveness Score:	93
	Strength Score:	79

3. Nutrition Standards for Competitive and Other Foods and Beverages-

	Comprehensiveness Score:	89
Subtotal for Section 3	Strength Score:	78

4. Physical Education and Activity-

	Comprehensiveness Score:	85
Subtotal for Section 4	Strength Score:	70

5. Wellness Promotion and Marketing-

	Comprehensiveness Score:	87
Subtotal for Section 5	Strength Score:	40

6. Implementation, Evaluation and Communication-

Subtotal for Section 6	Comprehensiveness Score:	100
	Strength Score:	82

Overall District Policy Score

Total Comprehensiveness

Add the comprehensiveness scores for each of the six sections above and divide this number by 6.

District Score

92

Total Strength

Add the strength scores for each of the six sections above and divide this number by 6.

District Score

68

The **comprehensiveness score** above of 92, reflects the **percentage of items that are addressed in some way in the district wellness policy**; and a **strength** score of 68, which describes the **percentage of items that are required to be implemented in the district wellness policy**. The areas scoring low allowed the Child Nutrition Department to set goals and self-monitor progress of those identified written but inactive policy areas.

SY 2017-2018 Action Plan

Goal 1:
Identify a local Wellness Policy Leader for the district.

Findings/Facts/Action (Strengths and Challenges)	Action Steps	Monitoring (How will you know it's happening)	Data Indicators (How you know it's working)	Frequency/Timeline	Person(s) Responsible	Budget Considerations
No wellness leader has been established for district.	Meet with Associate Superintendent and COO to obtain buy-in. Identify leader and add on to wellness board policy.	Meeting attendance of key stakeholders.	Meeting attendance log.	Deadline: June 30, 2018.	Director of Child Nutrition.	N/A
Revision of Wellness Policy with identified leader.	Child Nutrition Director to review with Associate Superintendents who have authority over school sites. Review of policy will occur through various meetings.	Meeting attendance of key stakeholders.	Meeting attendance log. Final revision of policy.	Deadline: June 30, 2018 Annual Outcome: 7 meetings occurred with key stakeholders (February 18, 2017- October 18, 2017)	Director of Child Nutrition.	N/A
Final revision with adequate changes to policy, following policy and input from key stakeholders at meetings.	Revisions and Assessments	Meeting agendas and power point presentations used.	Date with final board policy approval of revisions.	As needed	Director of Child Nutrition.	

Goal 2:

The District will operate with increase knowledge of Wellness Policy content by promoting at the school environment.

Findings/Facts (Strengths and Challenges)	Action Steps	Monitoring (How will you know it's happening)	Data Indicators (How you know it's working)	Frequency/ Timeline	Person(s) Responsible	Budget Considerations
	Send out final letter to principal re-introducing the wellness policy.	SY 2018-2019 survey to sites via survey monkey.	Email sent and delivery receipts.	5/24/2018	Director of Child Nutrition, Associate Superintendents, Site Principals.	N/A
Smart Snack in Schools.	Develop order guide of smart snacks in school approved lists for school sites.	SY 2018-2019 survey to sites. Monitor the amount of in house smart snack approved orders for SY 2018-2019.	Email sent and delivery receipts. Established baseline on amount of smart snack approved orders on SY 2017-2018 to monitor for improvement.	5/24/2018	Director of Child Nutrition, Associate Superintendents, Site Principals.	N/A
Education to school sites.	Send out email memos describe key wellness policy components from action plan.	On-going SY 2018-2019.	Email sent and delivery receipts.	5/24/2018	Director of Child Nutrition	N/A
Public Awareness and Notifications	Post information and wellness policy updates on department website. Order marketing tools "post cards" to notify households of the availability of information.	Website hits to increase for SY 2018-2019 by at least 5%. Current as summer June, 5 2018: 262, 645.	Child Nutrition website hit increase.	5/2018	Director of Child Nutrition	Fund 1300: Acceptable Fund 1300 purchase per email dated \$1,620.47

Goal 3:

The District will assign a Wellness contact for each school site to ensure implementation of Wellness Policy content.

Findings/Facts (Strengths and Challenges)	Action Steps	Monitoring (How will you know it's happening)	Data Indicators (How you know it's working)	Frequency/ Timeline	Person(s) Responsible	Budget Considerations
Not all school sites are familiar with the wellness policy content.	Submit Final Board Policy revisions.	Follow up emails to Administrative Assistant to Superintendent.	Final BP approval by board.	9/26/2017	Director of Child Nutrition	N/A
	Develop an introduction letter to Principals.	Increase of response rate to survey.	Email "read" and "delivery" confirmations.	6/30/2018		
	Develop a Survey Monkey to identify wellness leads for each school site.	Monitor response rate to survey.	Survey Monkey reports of submitted responses with stamped date and time.	6/30/2018		
	Print wellness policy poster boards	Food Service Supervisors to ensure posters are up in all cafeterias.	All ordered poster boards to be inventoried.	4/2018	Assistant Child Nutrition Director	Fund 1300: \$1,620 Acceptable Fund 1300 purchase per email dated \$1,620.47

SY 2018-2019 Action Plan

Goal 1:

The District will operate with increase knowledge of Wellness Policy content by promoting at the school environment.

Wellness Component: The district shall develop strategize for promoting a healthy school environment.						
Findings/Facts (Strengths and Challenges)	Action Steps	Monitoring (How will you know it's happening)	Data Indicators (How you know it's working)	Frequency/Timeline	Person(s) Responsible	Budget Considerations and Status
Limited response rate to survey of school site wellness contact.	Conduct a "Reminder" email to respond to survey with designation of wellness contact.	Email Receipts	Increase of response rate.	By August 31, 2018.	Director of Child Nutrition, Associate Superintendents, Site Principals.	Budget: N/A Status: In Progress
Initial area of implementation to be Smart Snack in Schools.	Reminder email of smart snack in school principal guide.	SY 2018-2019 survey to sites. Total number of smart snack approved orders.	Email sent and delivery receipts. Establish baseline on amount of smart snack approved orders on SY 2017-2018 to monitor for improvement with at least a 5% increase.	5/24/2018	Director of Child Nutrition, Associate Superintendents, Site Principals.	Budget: N/A Status: In Progress
Education to school sites and Child Nutrition Department.	Discuss at Superintendents Forum beginning SY 2018-2019: Survey response rates, Wellness Policy content, Wellness Policy Action Plan and resources available.	August 2018	Increase of survey response rates.	5/24/2018	Director of Child Nutrition	N/A
Public Awareness and Notifications	Proceed with mailing marketing tools "post cards" to notify households of the availability of information.	Ordering of new promotional tools.	Delivery of promotional tools to Child Nutrition Office. Monitor	5/2018	Director of Child Nutrition	Budget: N/A Status: Completed

	Promote on website and order additional marketing tools for upcoming health fair events.		frequency of health fair attendance.			
Awareness within Child Nutrition Department	Present wellness policy Action Plan and next steps at Back to School Child Nutrition Mandatory Meeting SY 2018-2019.	Presentation at meeting.	Child Nutrition website hit increase of 5%. Meeting attendance sign in sheets.		Director of Child Nutrition	Budget: N/A Status: Completed July 31, 2018.

Goal 2:

The District will implement “Smart Snacks in School Standards- (SSIS)” at all school sites.

Wellness Component: Foods and Beverages sold or served at school will meet the nutrition guidelines set by state and federal regulations.						
Findings/Facts (Strengths and Challenges)	Action Steps	Monitoring (How will you know it’s happening)	Data Indicators (How you know it’s working)	Frequency/ Timeline	Person(s) Responsible	Budget Considerations
Response rate of school site assigned leads was low.	Collect all identified site level wellness leads to re-convene for wellness committee.	Increase of response rate to 100% of site principals identified assigned wellness leads.	Response rate increase.	12/05/2018	Director of Child Nutrition, Associate Superintendents, Site Principals.	Budget: N/A Status: In Progress
Smart Snack implementation at schools.	Implement smart snacks principals guide school at all school sites.	SY 2018-2019 survey to sites on implementation status. Monitor the amount of in house smart snack approved orders for SY 2018-2019.	Email sent and delivery receipts. Monitor for improvement of smart snacks in house orders for fundraisers and classroom celebrations.	5/24/2018	Director of Child Nutrition, Associate Superintendents, Site Principals.	Budget: N/A Status: In Progress. Email sent 5/24/2018.
Household SSIS Awareness.	Send out email memos describe key Wellness Policy components. Child Nutrition	On-going SY 2018-2019. Amount of Health Fair attendance and	Email sent and delivery receipts.	5/24/2018	Director of Child Nutrition	Budget: N/A Status: In Progress

	attendance to site specific health fair or carnivals.	booth set up for Child Nutrition Department.	Amount of health fairs attended for SY 2018-2019.			
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Goal 3:

The District will identify ways to increase water access at school sites.

Wellness Component: Access to free, potable water.						
Findings/Facts (Strengths and Challenges)	Action Steps	Monitoring (How will you know it's happening)	Data Indicators (How you know it's working)	Frequency/Timeline	Person(s) Responsible	Budget Considerations
Determine water access status of all school sites.	Develop Survey to determine types of water access at school sites.	Survey Responses, CRMA School Inspection Form	Survey and Site Inspection Form.	Baseline information. deadline 2/23/2018.	Director of Support Services, Child Nutrition Director	Budget: N/A Status: In Progress. Survey response collected 2-23-2018. Review of CRMA Inspection Outcome: 7/11/2018.
School sites with bottled water: Del Rey, Centerville, and Fairmont.	Fairmont: Connect to new clean water source. Del Rey: Secure Funding for access to bottled water and potentially refillable water bottles all students and staff. Centerville: Continue bottle water use. Explore interim and long term solutions. Seek funding for long term solution.			7/30/2019	Director of Support Services, Child Nutrition Director, Maintenance Department	Budget: N/A Status: In Progress
Access to additional gallons of water in igloos.	Contact the water provider for the delivery of additional gallons of filtered water daily.		Site inspection form.	7/30/2019	Director of Support Services, Child Nutrition Director,	Budget: Supplies ~\$300.00 Status: In Progress

	Purchased additional igloos for each site.				Maintenance Department	
Water Access Improvement, Lincoln	Applying for funding through Drinking water for schools to improve access. Includes updating poor quality fountains and adding filling stations.			07/30/2019	Director of Support Services, Child Nutrition Director, Maintenance Department.	Budget: N/A Status: In Progress
	Various Schools					

Goal 4:

Monitor school based food and beverage marketing to include but not limited to logos, vending machine fronts, scoreboards, advertisements, student visible posters.

Wellness Component: Marketing and advertising of foods and beverages that do not meet nutrition standards is prohibited.						
Findings/Facts (Strengths and Challenges)	Action Steps	Monitoring (How will you know it's happening)	Data Indicators (How you know it's working)	Frequency/Timeline	Person(s) Responsible	Budget Considerations
No monitoring at school sites.	Review districtwide site inspection forms to access school facilities for compliance.	Risk Manager	Site Inspection Forms	Annually	Director of Support Services, Child Nutrition Director	Budget: N/A Progress: Completed 7/11/2018
	Modify site inspection forms to include Wellness Policy content.	Risk Manager		7/30/2019	Child Nutrition Director, Maintenance Department	Budget: N/A Progress: 7/31/2018
	Review findings of site inspection forms with Risk Management department	Collection of inspection reports.	Data findings.			Budget: N/A Progress: 7/30/2019

SY 2019-2020 Action Plan

Goal 1:

The District will operate with increase knowledge of Wellness Policy content by promoting at the school environment.

Wellness Component: The district shall develop strategize for promoting a healthy school environment.						
Findings/Facts (Strengths and Challenges)	Action Steps	Monitoring (How will you know it's happening)	Data Indicators (How you know it's working)	Frequency/ Timeline	Person(s) Responsible	Budget Considerations and Status
Low response rate to survey of school site wellness contact.	Conduct a "Reminder" email to respond to survey with designation of wellness contact. Message was delivered through in person meetings for better understanding of policy.	Email Receipts	Increase of response rate.	By August 31, 2019. Attended LT meeting dated February 25, 2019 to reconvene on key wellness topic. In progress.	Director of Child Nutrition, Associate Superintendents, Site Principals.	Budget: N/A Status: Concluded Response rate was limited. Through Survey Monkey.
Initial area of implementation to Smart Snacks in Schools. Nutrition Standards on all food sold and given to students during the school day.	Reminder email of smart snack in school principal guide. Add principal guide on school website. Re-structure the school website so it is more accessible for school sites. Promote website to encourage sites to utilize the available resources at site level.	Total number of website hits.	Increase of website hits.	6/2020 In-Progress	Director of Child Nutrition, Associate Superintendents, Site Principals.	Budget: N/A Status: In Progress
Education to school sites and child nutrition department.	Re-convene wellness presentations to improve understanding. Will include all key stakeholders.	Meetings and Agendas.	Meeting Log: February 25, 2019, March 21, 2019, March 25,	6/2020	Director of Child Nutrition	N/A

			2019, April 4, 2019. Re-structured Child Nutrition Website to be more user-friendly. 19/20. (Completed)			
				In Progress.		
Public Awareness and Notifications of status	Proceed with mailing marketing tools “post cards” to notify households of the availability of information. Promote on website and expand resources. Site notifications with tools developed.	Ordering of new promotional tools. Provide education of website.	Frequency of health fair attendance. Site notification: Smart Snacks and School Guide for School Sites, with introductory letter.	6/2020 On-Going	Director of Child Nutrition	Budget: N/A Status: Completed

Goal 2:

The District will implement “Smart Snacks in School Standards- (SSIS)” at all school sites.

Wellness Component: Foods and Beverages sold or served at school will meet the nutrition guidelines set by state and federal regulations.						
Findings/Facts (Strengths and Challenges)	Action Steps	Monitoring (How will you know it’s happening)	Data Indicators (How you know it’s working)	Frequency/ Timeline	Person(s) Responsible	Budget Considerations
Smart Snack implementation at schools.	Implement Smart Snacks Principals school guide at all school sites.	Guide completed and presented to site administrators via email. Also,	Email sent and delivery receipts. Monitor for improvement of	6/2020	Director of Child Nutrition, Associate Superintendents, Site Principals.	Budget: N/A

	Facilitate access by adopting a new online order system which will facilitate purchase of compliant food items. Items to include a clear identification of what items comply nutritionally.	accessible through website. Monitor the amount of in house smart snack approved orders.	smart snacks in house orders for fundraisers and classroom celebrations.			Status: In Progress. Email sent 5/24/2018.
Household SSIS Awareness.	Child Nutrition attendance to site specific health fair or carnivals, back to school nights.	On-going	Amount of health fairs/events attended for each school year	6/2020	Director of Child Nutrition	Budget: N/A Status: In Progress

Goal 3:

The District will identify ways to increase water access at school sites.

Wellness Component: Access to free, potable water.						
Findings/Facts (Strengths and Challenges)	Action Steps	Monitoring (How will you know it's happening)	Data Indicators (How you know it's working)	Frequency/Timeline	Person(s) Responsible	Budget Considerations
Determine water access status of all school sites.	Develop survey to determine types of water access at school sites. Survey available through Survey Monkey accounting.	Survey Responses, CRMA School Inspection Form	Survey and Site Inspection Form.	Obtained baseline information: 2/23/2018. Compare annually against baseline data.	Director of Support Services, Child Nutrition Director	Budget: N/A Status: In Progress.
School sites with bottled water: Del	Fairmont: Connect to new clean water source. Currently			In progress June 2020.	Director of Support Services, Child Nutrition Director,	Budget:

Rey, Centerville, and Fairmont.	<p>waiting on test results for final completion.</p> <p>Del Rey: Funding secured for bottled water; through state grant.</p> <p>Centerville: Currently obtaining water bottles.</p>				Maintenance Department	Status: In Progress
Water Access Improvement	<p>Applying for funding through drinking water for schools to improve access. Includes updating fountains and adding filling stations.</p> <p>Lincoln: In early stages of implementation of POU filters and water fountains. In Progress.</p> <p>Fairmont: Water bottles, water fillers, and water fountains.</p> <p>Lonestar and Wilson. Jefferson, WAMS, and High School: New Water Fountains and water filler stations.</p> <p>Centerville: Pending</p>	Completion	Work Order Completion Reports	6/2020	Director of Support Services, Child Nutrition Director, Maintenance Department.	<p>Budget: Grant funded</p> <p>Status: In Progress</p>

Goal 4:

Monitor school based food and beverage marketing to include but not limited to logos, vending machine fronts, scoreboards, advertisements, student visible posters.

Wellness Component: Marketing and advertising of foods and beverages that do not meet nutrition standards is prohibited.						
Findings/Facts (Strengths and Challenges)	Action Steps	Monitoring (How will you know it's happening)	Data Indicators	Frequency/Timeline	Person(s) Responsible	Budget Considerations

			(How you know it's working)			
No monitoring at school sites.	Forms modified in SY 18/19. Review districtwide site inspection forms to access school facilities for compliance SY 19/20.	Risk Manager	Site Inspection Forms	Annually; 6/2020	Director of Support Services, Child Nutrition Director	Budget: N/A In Progress
	Review findings of assessments.	Collection of inspection reports.	Data findings.	Annually; 6/2020		Budget: N/A In Progress

The initial action plan for SY 17-18, entailed making revisions to the policy according to state legislation changes and requirements. Revision of policy took into consideration the areas identified per WellSAT assessment tool that were completely missing in the established policy. The school district lacked a “wellness leader” and was not identified within the policy. Immediately the Child Nutrition Department initiated conversation with key district stakeholders such as the Chief Operations Officer and Chief Business Officer regarding areas of the policy that were lacking. Once the goal of wellness leadership identification and additional revisions were fully approved by the Board of Trustees, marketing and notifications of policy activities proceeded as shown on SY 17-18 action plan above. As for the content area implementation, Smart Snacks in Schools was the initial goal point of interest.

Please refer to the action plan to review actions steps that took place and monitoring method for each proceeding school year. For action plans SY 18-19 and SY 19-20, the Well SAT assessment findings continued to be utilized as a foundation to develop the focal action plan areas. Additionally, specific goals from previous years that were not met by the end of each school year were carried forward to the new school year. The following identified areas are highlighted in yellow above in the WellSAT assessment page raking as follows with the lowest scoring first: 1. Wellness Promotion and Marketing, 2. Nutrition Education, 3. Physical Activity Education, 4. Nutrition Standards for Competitive and Other Food and Beverages Standards. As action plan activities progressed, all areas were monitored and documented monthly by the Child Nutrition Department at Sanger Unified School District. Today, the action plan activities are still in working progress.

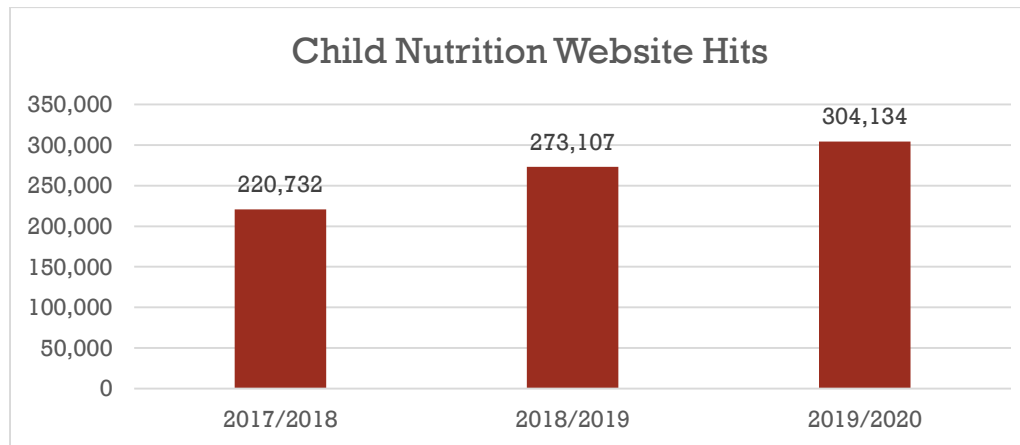
Monitoring and Evaluation

Goal (s)

The District will operate with increase knowledge of Wellness Policy content by promoting at the school environment.

Wellness Component: The district shall develop strategies for promoting a healthy school environment.

Website Hits:



POLICY YEAR	TOTAL INCURRED
2017/2018	220,732
2018/2019	273,107
2019/2020	304,134
Grand Total	797,973

The Child Nutrition website at www.sangerunifiedchildnutrition.org has progressively been updated to become the primary source of marketing an promotion of all wellness activities. Additionally, it provides wellness tools and resources for students, staff, and parents. Since basline year of SY

2017/2018, the website has had an increase of website hits demonstrating a positive correlation with increased wellness content interaction and access. In the course of three year period the website has increased hits by approximately 30,000-50,000 each calendar year; 17/18 to 18/19 with a 23.73% increase and 18/19 to 19/20 with an 11.36% increase.

Goal (s)

The District will operate with increase knowledge of Wellness Policy content by promoting at the school environment.

Wellness Component: The district shall develop strategize for promoting a healthy school environment.

The District will implement “Smart Snacks in School Standards- (SSIS)” at all school sites.

Wellness Component: Foods and Beverages sold or served at school will meet the nutrition guidelines set by state and federal regulations.

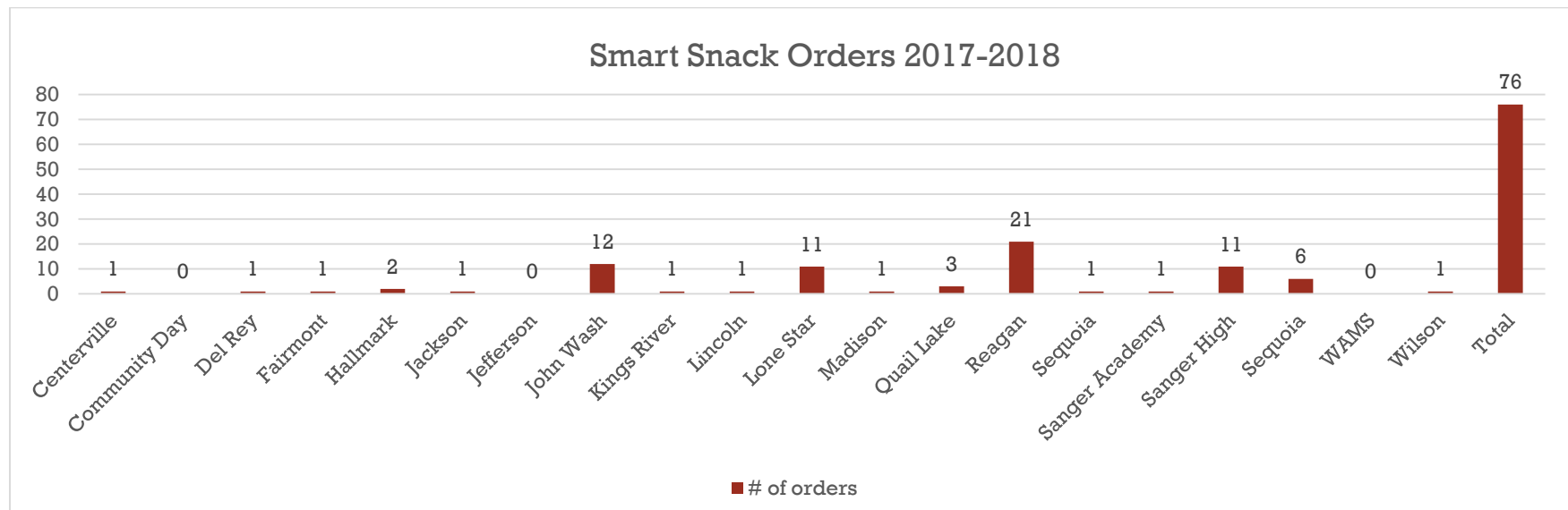
Over the course of three years the following meetings and discussions occurred in various formats to increase education wellness policy. Meetings where conducted one-on-one and in group setting.

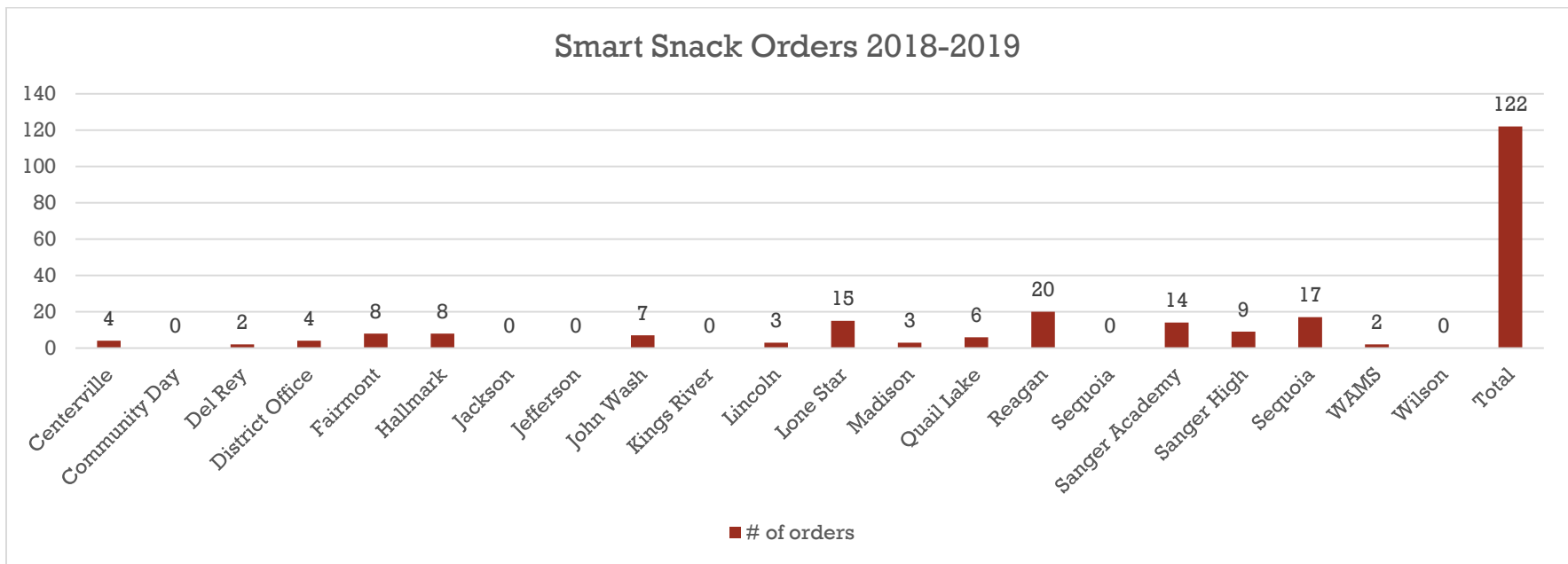
Meetings and Discussion:

Meeting Type	Date
Wellness Community Partners	18-Feb-16
Leadership Team	19-May-17
Cabinet Meeting	10-Jul-17
Food Service Staff Meeting	14-Aug-17
Board Meeting	12-Sep-17
Board Meeting	24-Sep-17
Stakeholder FCOE	25-Feb-19
Administration Meeting	21-Mar-19
CBO, COO	25-Mar-19
Athletic Director SHS and WAMS	4-Apr-19
Cabinet Meeting	19-Nov-19
Wellness Policy Consortiium	20-Nov-19

Student Approved Orders (Smart Snacks and Schools):

The student approved food orders through the Child Nutrition Department represents the schools or student/school organizations that are providing food items to students (sold or given as incentives) during the school day that comply with Smart Snacks in Schools standard regulation. When food items are ordered through the Child Nutrition Department, Food Service Supervisors ensure to review all food orders to ensure compliance with nutrition standards when made available to students. The current system entails filling out an “Outside Activity Form” that is emailed to the applicable Food Service Supervisor. The form includes budget code for payment to the Child Nutrition Department and identifies school activity type. In SY 17-18 a total of 76 smart snack orders were placed through the Child Nutrition Department. In SY 2018-2019, an additional 46 student approved food orders were placed. In SY 2019-2020, the Child Nutrition department has an action plan goal to increase access by adopting a new online order system which will facilitate selection and purchase of compliant food items for students during the school day.





Child Nutrition Health Fair Attendance:

Over the course of the the last three years, that Child Nutrition Department ensured increased participation in many schoolwide student activities to include but not limited to health fairs, open houses, and school site registrations. Such participation allows to increase overall promotion of the wellness policy and the school meal programs operated; promotion which is geared towards students, parents, and the community. Below demonstrates that the Child Nutrition Department has improved such event attendance:

HEALTH FAIR EVENT ATTENDANCE/WELLNESS POLICY PROMOTION

SITE	2017/2018	2018/2019	2019/2020	Grand Total
Centerville Elementary			1	1
Del Rey Elementary				
District Office				
Fairmont Elementary			1	2
Jackson Elementary		1	2	3
Jefferson Elementary			1	1
John S. Wash Elementary				

Kings River HS & Taft Independent				
Lincoln Elementary				
Lone Star Elementary			1	1
Madison Elementary		1	1	2
MOT Building				
Quail Lake Charter School			1	1
Ronald Reagan Elementary		1	1	2
Sanger Academy Charter School		1	1	2
Sanger High School				
Sequoia Elementary			1	1
Washington Academic Middle School		1	1	2
Wilson Elementary			1	1

Goal(s)

The District will identify ways to increase water access at school sites.

Wellness Component: Access to free, potable water.

Monitor school based food and beverage marketing to include but not limited to logos, vending machine fronts, scoreboards, advertisements, student visible posters.

Wellness Component: Marketing and advertising of foods and beverages that do not meet nutrition standards is prohibited.

The Department of Support Services at Sanger Unified School District has secured funding for the placement of refillable water stations at the schools sites identified to be in need. Over the course of three years, the Director of Support Services has worked diligently to assess overall the priority areas. In February of 2018, the Child Nutrition Department conducted a districtwide water access survey; the survey was formatted as follows:

1. Sanger Unified School District's Wellness Policy (BP 5030) mandates access to drinking water during meal service.

To help further assess compliance, please select all that apply. Only include school sites that you oversee:

	Is water available during all of the meals services? (Select if YES)	Is water in the cafeteria served through IGLOOS? (Select if YES)	Is water in the cafeteria served through fountains (Select if YES)
Centerville	<input type="checkbox"/> Centerville Is water available during all of the meals services? (Select if YES)	<input type="checkbox"/> Centerville Is water in the cafeteria served through IGLOOS? (Select if YES)	<input type="checkbox"/> Centerville Is water in the cafeteria served through fountains (Select if YES)
Del Rey	<input type="checkbox"/> Del Rey Is water available during all of the meals services? (Select if YES)	<input type="checkbox"/> Del Rey Is water in the cafeteria served through IGLOOS? (Select if YES)	<input type="checkbox"/> Del Rey Is water in the cafeteria served through fountains (Select if YES)
Fairmont	<input type="checkbox"/> Fairmont Is water available during all of the meals services? (Select if YES)	<input type="checkbox"/> Fairmont Is water in the cafeteria served through IGLOOS? (Select if YES)	<input type="checkbox"/> Fairmont Is water in the cafeteria served through fountains (Select if YES)
Jackson	<input type="checkbox"/> Jackson Is water available during all of the meals services? (Select if YES)	<input type="checkbox"/> Jackson Is water in the cafeteria served through IGLOOS? (Select if YES)	<input type="checkbox"/> Jackson Is water in the cafeteria served through fountains (Select if YES)
Lincoln	<input type="checkbox"/> Lincoln Is water available during all of the meals services? (Select if YES)	<input type="checkbox"/> Lincoln Is water in the cafeteria served through IGLOOS? (Select if YES)	<input type="checkbox"/> Lincoln Is water in the cafeteria served through fountains (Select if YES)
Lone Star	<input type="checkbox"/> Lone Star Is water available during all of the meals services? (Select if YES)	<input type="checkbox"/> Lone Star Is water in the cafeteria served through IGLOOS? (Select if YES)	<input type="checkbox"/> Lone Star Is water in the cafeteria served through fountains (Select if YES)
Madison	<input type="checkbox"/> Madison Is water available during all of the meals services? (Select if YES)	<input type="checkbox"/> Madison Is water in the cafeteria served through IGLOOS? (Select if YES)	<input type="checkbox"/> Madison Is water in the cafeteria served through fountains (Select if YES)
Quail Lake	<input type="checkbox"/> Quail Lake Is water available during all of the meals services? (Select if YES)	<input type="checkbox"/> Quail Lake Is water in the cafeteria served through IGLOOS? (Select if YES)	<input type="checkbox"/> Quail Lake Is water in the cafeteria served through fountains (Select if YES)
Reagan	<input type="checkbox"/> Reagan Is water available during all of the meals services? (Select if YES)	<input type="checkbox"/> Reagan Is water in the cafeteria served through IGLOOS? (Select if YES)	<input type="checkbox"/> Reagan Is water in the cafeteria served through fountains (Select if YES)
Sanger Academy	<input type="checkbox"/> Sanger Academy Is water available during all of the meals services? (Select if YES)	<input type="checkbox"/> Sanger Academy Is water in the cafeteria served through IGLOOS? (Select if YES)	<input type="checkbox"/> Sanger Academy Is water in the cafeteria served through fountains (Select if YES)
Sequoia	<input type="checkbox"/> Sequoia Is water available during all of the meals services? (Select if YES)	<input type="checkbox"/> Sequoia Is water in the cafeteria served through IGLOOS? (Select if YES)	<input type="checkbox"/> Sequoia Is water in the cafeteria served through fountains (Select if YES)
John Wash	<input type="checkbox"/> John Wash Is water available during all of the meals services? (Select if YES)	<input type="checkbox"/> John Wash Is water in the cafeteria served through IGLOOS? (Select if YES)	<input type="checkbox"/> John Wash Is water in the cafeteria served through fountains (Select if YES)
Wilson	<input type="checkbox"/> Wilson Is water available during all of the meals services? (Select if YES)	<input type="checkbox"/> Wilson Is water in the cafeteria served through IGLOOS? (Select if YES)	<input type="checkbox"/> Wilson Is water in the cafeteria served through fountains (Select if YES)
WAMS	<input type="checkbox"/> WAMS Is water available during all of the meals services? (Select if YES)	<input type="checkbox"/> WAMS Is water in the cafeteria served through IGLOOS? (Select if YES)	<input type="checkbox"/> WAMS Is water in the cafeteria served through fountains (Select if YES)
Sanger High	<input type="checkbox"/> Sanger High Is water available during all of the meals services? (Select if YES)	<input type="checkbox"/> Sanger High Is water in the cafeteria served through IGLOOS? (Select if YES)	<input type="checkbox"/> Sanger High Is water in the cafeteria served through fountains (Select if YES)
Kings River	<input type="checkbox"/> Kings River Is water available during all of the meals services? (Select if YES)	<input type="checkbox"/> Kings River Is water in the cafeteria served through IGLOOS? (Select if YES)	<input type="checkbox"/> Kings River Is water in the cafeteria served through fountains (Select if YES)

	Is water available during all of the meals services? (Select if YES)	Is water in the cafeteria served through IGLOOS? (Select if YES)	Is water in the cafeteria served through fountains (Select if YES)
Community Day School	<input type="checkbox"/> Community Day School Is water available during all of the meals services? (Select if YES)	<input type="checkbox"/> Community Day School Is water in the cafeteria served through IGLOOS? (Select if YES)	<input type="checkbox"/> Community Day School Is water in the cafeteria served through fountains (Select if YES)
Other (please specify)	<input type="text"/>		

Overall, the response rate was 100%. All district school sites identified to have access to drinking water during a meal service. Twelve school sites offered drinking water through fountains and 3 school sites offered water through the placement of igloos. One school site, which is the largest location (Sanger High School), offered drinking water through all options (fountains and igloos). To access the survey results please enter the following link on your web browser <https://www.surveymonkey.com/results/SM-7NBLGKRH8/>.

Additionally, the Department of Support Services, ensured that the aged water fountains are replaced utilizing grant funding. To date the following school sites have upgraded water fountains to refillable water stations: Lincoln, Fairmont, Lonestar, and Centerville still pending; the water stations include a meter that in return measures the amounts of water accessed. Demonstrating successful addition of water filling stations, the payment report dated 7/1/2018-6/30-2019 from the school districts' accounting system show that full payment for installation was made.

MARKETING AND ADVERTISEMENT OF NON COMPLIANCE FOODS EVALUATION AND MONITORING PLAN

The Risk Management Department at Sanger Unified School District, in cooperation with California Risk Management Authority (CRMA), for both Workers' Compensation and Property & Liability Insurance focus on the safety of students and staff, which is dependent on the physical condition of the District facilities, safety training, and the risk management programs established by the District. One of many great safety programs is the provision of "school site inspections" which are conducted annually by CRMA. Such inspection forms allow for the physical assessment of a broad range of school safety areas within each district campus. Commencing school year 18-19, with support from the Risk Management department at Sanger Unified School District and CRMA, applicable wellness policy assessment questions were added to the inspection form to allow annual evaluation in the areas of water access, and marketing and advertisement of non-nutritious foods. Below is an example of the "General" section of the inspection form of Sanger High School that includes the highlighted wellness policy related questions:

SCHOOL INSPECTION FORM

School Sanger High School
Evaluators Al Sanchez/Jimmy Robles//Larry Chow

Date 2/26/19

General	Yes	No	N/A	Description
Written Safe Schools Plan (fire drills (one per month), earthquake, violence, as applicable).	X			
Evacuation Plans posted.	X			
Restrooms free of cracked mirrors, damaged stalls/ doors, toilet fixtures and seats in good condition, proper drainage, and no pooling water	X			
Drinking fountains are operable and sanitary.	X			
Automatic sprinkler systems receive annual professional maintenance.	X			
Doors in good repair, kept unlocked during occupancy hours.	X			
3-foot clearance maintained in front of and below electrical panels and equipment.	X			
Fire extinguishers properly placed, maintained annually, and visually inspected monthly by custodians		X		Fire extinguishers should be initialed and dated each month.
All exit doors kept unlocked during occupancy.	X			
Written IIPP (at each site location, up-to-date, and staff has been trained).	X			
Staff members trained to administer Epi-Pen.	X			
Staff members trained to utilize AED (if applicable).	X			
AED visually inspected once a quarter and serviced every two years.	X			
GFCI Protection within 6' of sinks, etc.	X			
Wellness Component: Non-nutritious food and beverage marketing to include but not limited to logos, vending machine fronts scoreboards, advertisements, student body posters.	X			None observed during survey.

By the end of each year, a report is provided by CRMA to ensure appropriate follow up and corrective actions in areas out of compliance. Please note that the above example is only the first page of the 10 page inspection form for each school site. Overall, the final inspection report is available for each district school site. Based on SY 18-19, no out of compliance findings were observed in the identified wellness policy areas. SY 19-20 inspection schedule for the SY 19/20 is as follows:

SCHOOL SITE	DATE OF INSPECTION
Centerville Elementary	1/21/20
Community Day School	1/21/20
Del Rey Elementary	1/23/20
Fairmont Elementary	1/23/20
Hallmark Charter School	1/28/20
Jackson Elementary	1/28/20
Jefferson Elementary	1/30/20
John Wash Elementary	1/30/20
Kings River High/ Taft Independent	2/4/20
Lincoln Elementary	2/4/20
Lone Star Elementary	2/6/20
Madison Elementary	2/6/20
Quail Lake Charter School	2/11/20
Reagan Elementary	2/11/20
Sanger Academy Charter School	2/13/20
Sanger Adult School	2/13/20
Sanger High School	2/18/20
Sequoia Elementary	2/18/20
Washington Academic Middle School	2/20/20
Wilson Elementary	2/20/20



Child Nutrition Department

Sanger Unified School District

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